

## PSHE Curriculum narrative and curriculum map 2024-25

### PSHE/RSE Curriculum Intent

The PSHE curriculum covers the relevant content in relation to the statutory guidance on drug education, financial education, relationship and sex education (RSE) and the importance of physical activity and diet for a healthy lifestyle. The delivery of the PSHE curriculum in tutorial sessions is planned thematically across the year groups, where students build on previous knowledge each year in an age appropriate way. Students explore the broad themes of Health and wellbeing, healthy relations and consent, online safety, drugs and alcohol, first aid and financial capability. Their journey aims to provide students with the ability to be healthy, confident individuals who are independent and able to contribute effectively to society. Students are provided with the knowledge and understanding required to assess risk and the skills needed to make informed decisions about their own and others safety. The PSHE curriculum is an integral part of how we safeguard students. Students are given the opportunity to reflect on their own beliefs whilst understanding the beliefs of others. Students are provided with opportunities to recognise and celebrate similarities and differences within the school and wider community. The PSHE classroom provides a safe and productive space for our students to engage with complex moral and philosophical ideas about the human experience.

Whole school themed assemblies and targeted events throughout the year further enhance the personal development opportunities for students.

The PSHE curriculum is made accessible to all students through Quality First Adaptive teaching, teachers know their classes well and use the relevant wave support strategies for students with SEND. Relevant staff, for example the SENCo will continue to support all staff with strategies to support students with SEND. Where common misconceptions by SEND students are identified additional support is given by the SEND and HIRB departments through revisiting content and themes where appropriate.

We recognise that some content within the PSHE/RSE curriculum is very sensitive and may be difficult for some students with particular vulnerabilities. Both students and staff are signposted towards places to seek support, both within school and external providers.

The PSHE and RSE curriculum content is developed using reliable resources, including The Oak Academy, PSHE Association and charities such as ChildLine, NSPCC, YoungMinds, Brook and many more.

Staff receive continuing professional development around the delivery of PSHE through the school Professional Development programme.

The PSHE curriculum enhances the students' Social, Moral, Spiritual & Cultural (SMSC) development. Themes throughout the programme ensure that students are supported in self-reflection and building self-esteem and self confidence. There are many areas in which students are taught about the law about particular legal issues such as consent and drug offenses, as well as their moral responsibility as part of a community. Respect is a theme throughout PSHE lessons, both with regards to the curriculum and also the ground rules set within the classroom environment.

The PSHE programme includes content to support students' understanding of Protected Characteristics (PC) and British Values (BV). The PSHE curriculum is regularly reviewed and subsequently adapted in response to our school, local and national Safeguarding (SG) needs. These areas are highlighted throughout the curriculum implementation.

## PSHE Curriculum Implementation

### Year 7

#### Tutorial PSHE

Year 7	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Key content and skills</b>	<b>Health</b> Students explore healthy eating, including the Eatwell guide and the role of macronutrients and micronutrients in their diet. Students learn about energy drinks and evaluate the impact on their body.	<b>Healthy Relationships SG, PC, BV</b> Students explore what makes a relationship healthy, including friendships and family connections. They explore the concept of peer pressure and how to cope with this.	<b>Online Safety SG, PC, BV</b> Students explore the benefits and dangers associated with social media and online friendships.  Students are taught about risks of sharing content, including images, online both through social media and gaming.	<b>Lifestyle SG</b> Students study the impacts of exercise on physical and emotional health.  Students learn about the impact of vaping and smoking on their health and wellbeing.  Students are equipped with information and strategies to support them in making positive decisions	<b>Careers</b> <a href="#">Careers Roadmap</a> Students explore a range of career opportunities linked to different learning styles and skills.  There is a focus on careers linked to creative thinking and AI.  The resources facilitate discussions and give a range of examples and scenarios for students to consider.	<b>British Values PC, BV</b> Students learn about the UK as a democracy, they learn about different voting systems and the UK election process.  Students learn about mutual respect and tolerance through rights and responsibilities.

**PSHE lessons (fortnightly)**

<p><b>Key content and skills</b></p>	<p><b>Health and Wellbeing</b>  Students develop knowledge and understanding physical health, including government recommendations for moderate and vigorous activity. They learn how to assess activity intensity and ways to increase physical activity.</p> <p>Students begin to understand the impact of a sedentary lifestyle on their physical and mental health.</p> <p>Students explore links between physical and mental health and are taught about how to support their own mental wellbeing and suggested coping strategies if they experience poor mental wellbeing.</p> <p><b>Healthy relationships SG, PC,</b>  Students learn about the meaning of consent and apply this to a variety of situations that may occur in friendships and relationships.</p> <p>Students discuss friendship breakdown and resolution and ways to move forwards.</p>	<p><b>Puberty SG, PC</b>  Both physical and emotional changes that occur during puberty are explored through this scheme.</p> <p>Students learn about body image and self confidence and explore the impact that the media can have on self- perception.</p> <p><b>Finance</b>  Students start to reflect on their emotional reactions to money and financial situations. Explore values on financial decisions including debt.</p>	<p><b>First Aid SG</b>  Students develop knowledge and understanding of basic first aid and increase confidence in how to respond.</p> <p>Students learn what to do in a medical emergency.</p> <p>They are taught about the primary survey and learn and practice how to apply this to a first aid situation and also how to put someone into the recovery position and why.</p> <p>Students learn how to respond to a person who is choking.</p>
<p><b>PSHE in Subject Areas</b></p>			

<p><b>Ethics: Philosophy for Children</b></p> <p>Who am I? What makes me, me? Why should I be good? The Golden Rule. The existence of God. Ultimate questions.</p> <p><b>Computing:</b> Explain what constitutes a “strong” password for an online account Understand the use of a code of conduct Discuss dangers and drawbacks of social networking sites Understand the possible responses to cyberbullying</p>	<p><b>Ethics: Philosophical questions.</b></p> <p>Creation. Love - what is it? Miracles Unanswered prayer. Evil and suffering</p>	<p><b>Computing:</b> Consider some simple ethical hypothetical problems with AI</p> <p><b>English:</b> To what extent should we conform to societal expectations of us?</p>	<p><b>Science: Human reproduction including gene variation</b></p> <p>Describe the different types of variations.</p> <p>Explain whether characteristics are inherited, environmental or both.</p> <p>Explain how variation helps a particular species in a changing environment.</p> <p>Explain how characteristics of a species are adapted to particular environmental conditions.</p>	<p><b>English:</b> Identity - What affects and shapes our identity</p>	
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**Assemblies**

Year 7	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<p>European Day of Languages <b>PC</b></p> <p>Black History Month <b>PC, BV</b></p> <p>World Mental Health Day <b>SG</b></p>	<p>Bullying Vs Banter <b>SG</b></p> <p>Remembrance</p> <p>Disability History Month <b>PC, BV</b></p>	<p>Holocaust Memorial Day <b>PC</b></p> <p>Martin Luther King Jr Day <b>PC</b></p> <p>World Religion Day <b>PC</b></p>	<p>International Women's Day <b>PC</b></p> <p>LGBT+ History Month cont.. <b>PC, BV</b></p>	<p>Earth Day</p> <p>Mental Health Awareness Week <b>SG</b></p>	<p>British Values <b>PC BV</b></p>

	Safeguarding how does school keep you safe <b>SG</b>  Cybercrime/Use of AI <b>SG</b>	Anti-bullying Fortnight <b>SG PC BV</b>  Progressive masculinity <b>SG PC</b>  Sustainability Week	LGBT+ History Month <b>PC, BV</b>  Safer Internet Day <b>SG</b>  Place2Be's Children's Mental Health Week <b>SG</b>			
<b>Events</b>						
<b>Year 7</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	Full day - "Your life, you choose" <b>SG</b>			Equality Week <b>PC, BV</b>		Careers Week  Diversity and Cultural Day <b>PC, BV</b>
<b>Year 8</b>						
<b>Tutorial PSHE</b>						
<b>Year 8</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Key content and skills</b>	<b>Health</b> Students further expand their understanding of physical health and the impact of physical activity and exercise on physical and mental health.  The importance of personal hygiene is delivered.	<b>Healthy Relationships</b> <b>SG PC, BV</b> Students explore how relationships change and how to cope and manage this - including family and friendships.  Lessons cover themes of respect and tolerance	<b>Online Safety</b> <b>SG PC, BV</b> Students further develop knowledge of cyber abuse and cyberbullying.  They deepen their understanding of how to share information safely online and the importance of online security.	<b>Lifestyle</b> <b>SG</b> Students are taught about the Law surrounding Alcohol and Cannabis, including the difference between using and supplying.  They explore the impact that drug and alcohol use have on wellbeing and relationships.	<b>Careers</b> <a href="#">Year 8 careers roadmap</a> Students learn about interview skills and the psychology behind career decision making.  There is a focus on marketing and AI as well as apprenticeships.	<b>British Values</b> <b>PC, BV</b> Students learn about the British Tripartite system and the link between the government, parliament and the court of law.  Students learn about Human rights and how these also mean the need for human responsibility - this is

				Students are taught about grooming and county lines, including how drug and alcohol use can impact this.	The resources facilitate discussions and give a range of examples and scenarios for students to consider.	discussed through examples such as freedom of opinion and laws of hate speech and hate crime
<b>PSHE in Subject Areas</b>						
<b>PSHE lessons (fortnightly)</b>						
<b>Key content and skills</b>			<b>Healthy Relationships SG PC, BV</b> Students develop a further understanding of sexual consent through scenario discussion.  Students learn about Sexual Harassment, including where to seek support if they have experienced this.  Introduction to Contraception choices - Students learn about pregnancy and methods of contraception		<b>First Aid SG</b> Students recap the primary survey and learn how to respond to an unconscious casualty who is not breathing - including CPR and the use of a IED  Students develop an understanding of severe allergic reactions and how to respond.	
	<b>Computing:</b> Name the major Acts concerning computer use Describe the dangers of putting personal data on social networking sites Describe ways of protecting online identity Identify signs of fraudulent emails and respond appropriately		<b>Science:</b> Describe how human activities affect the carbon cycle. Describe how global warming can impact on climate and local weather patterns. Evaluate the implications of a proposal to reduce carbon emissions. Evaluate claims that human activity is causing global		<b>Drama:</b> What is it like to be treated differently (still image, thought track, movement and dialogue) Discussion on viewpoints and opinions of changes towards disability throughout history.	<b>Ethics: Eastern religions.</b>  How can we live in harmony?  Signs of being.  How can we be of service to others?

	<b>Science:</b> Genetic modification		warming or climate change. Explain why recycling of some materials is particularly important.			
<b>Assemblies</b>						
	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	European Day of Languages <b>PC</b>  Black History Month <b>PC, BV</b>  World Mental Health Day <b>SG</b>  Safeguarding how does school keep you safe <b>SG</b>  Cybercrime/Use of AI <b>SG</b>	Bullying Vs Banter <b>SG</b>  Remembrance  Disability History Month <b>PC, BV</b>  Anti-bullying Fortnight <b>SG PC BV</b>  Progressive masculinity <b>SG PC</b>  Sustainability Week	Holocaust Memorial Day <b>PC</b>  Martin Luther King Jr Day <b>PC</b>  World Religion Day <b>PC</b>  LGBT+ History Month <b>PC, BV</b>  Safer Internet Day <b>SG</b>  Place2Be's Children's Mental Health Week <b>SG</b>	International Women's Day <b>PC</b>  LGBT+ History Month cont.. <b>PC, BV</b>	Earth Day  Mental Health Awareness Week <b>SG</b>	British Values <b>PC BV</b>
<b>Events</b>						
	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
		<b>PSHE drop down - Knife Crime workshop</b> <b>Ascend workshop</b> <b>SG</b>		<b>Equality Week</b> <b>PC, BV</b>	<b>Banter Vs Bullying</b> <b>SG</b>	<b>Careers Week</b>  <b>Diversity and Cultural Day</b> <b>PC, BV</b>
<b>Year 9</b>						

**Tutorial PSHE**

<p><b>Year 9</b></p>	<p><b>Health and Wellbeing</b></p> <p>Students recap links between physical and mental health. Themes such as sleep and stress are discussed along with the impact that these have on wellbeing.</p> <p>Students further develop understanding of body image and the impact this can have on mental wellbeing.</p>	<p><b>Consent SG PC, BV</b></p> <p>Students further explore the issue of consent and discuss how people may show consent or that they don't consent to something.</p> <p>Students learn about coercive control and how this might be demonstrated in a relationship, along with how this might look online including being asked to share images and information</p>	<p><b>Online safety SG PC, BV</b></p> <p>Students learn about Cybercrime, including ransomware, how to protect themselves and how to report incidents.</p> <p>Students continue to develop understanding of the impact of social media on mental wellbeing.</p>	<p><b>Smoking and Vaping SG</b></p> <p>Students learn about the introduction of vaping and the reasons for it's introduction. They explore why young people now seem to be a target market for vapes, this impact this can have and the effects of vaping on health and wellbeing.</p>	<p><b>Careers</b> <a href="#">Year 9 careers roadmap</a></p> <p>Students learn about employability skills, social media jobs and what it means to be a CEO.</p> <p>There is a focus on Duke of Edinburgh, Unifrog as a search engine and ASK Apprenticeships.</p> <p>The resources facilitate discussions and give a range of examples and scenarios for students to consider.</p>	<p><b>Financial Capability</b></p> <p>Students begin to develop an understanding of the world of work in relation to how people get paid and some average salaries for different jobs.</p> <p>Students learn about borrowing and saving money and the terminology used around this. They explore examples of loans and repayments including interest and debt.</p>
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**PSHE lessons (fortnightly)**

<p><b>Year 9</b></p>	<p><b>Healthy Relationships SG PC, BV</b></p> <p>Students learn about intimate relationships and understand about emotional and physical intimacy.</p> <p>Students discuss the importance of communication and ending a relationship in a healthy way.</p> <p>They explore diversity in relationships.</p> <p>They learn about choices in relation to marriage, civil partnership and having a family.</p>	<p><b>Drug education SG</b></p> <p>The effects of drugs and addiction</p> <p>Students develop their knowledge of different types of drugs.</p> <p>They expand their understanding of the effects of drugs and alcohol on the individual and wider community.</p>	<p style="background-color: black; color: black;">[Redacted Content]</p>
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	Students learn about sex, pressure and coercive behaviour, recognising signs and managing situations	Students learn about addiction, including the physiological and psychological impact it can have.  They explore a case study on alcoholism				
<b>PSHE in Subject Areas</b>						
	<p><b>RE: Relationships and family</b></p> <p>Christian teaching about human sexuality. Sexual relationships before and outside of marriage. Contraception and family planning Religious teachings about marriage. Religious teachings about divorce and remarriage.</p> <p><b>PE:</b> Benefits of physical activity. Lifestyle Choices Impacts of a sedentary lifestyle Importance of a balanced diet</p>	<p><b>RE; Relationships and family</b></p> <p>Religious teachings about the nature of families. Religious teachings about the purpose of families. Religious beliefs about gender equality.</p> <p><b>Computing:</b> Identifying and preventing vulnerabilities in Networks</p>	<p><b>PE:</b></p> <p>The impact of recreational drugs and performance enhancing drugs on performance.</p>		<p><b>RE; Peace and Conflict</b></p> <p>Introduction to religion, peace and conflict. Violent protest and terrorism. Reasons for war. Nuclear war and weapons of mass destruction. The Just War.</p>	<p><b>RE Peace and Conflict</b></p> <p>Holy war and religion as a cause of violence. Pacifism and peacemaking. Christian responses to the victims of war</p> <p><b>PE:</b> Moral themes of sportsmanship, gamesmanship and deviance.</p>
<b>Events</b>						
	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>

<p>European Day of Languages <b>PC</b></p> <p>Black History Month <b>PC, BV</b></p> <p>World Mental Health Day <b>SG</b></p> <p>Safeguarding how does school keep you safe <b>SG</b></p> <p>Cybercrime/Use of AI <b>SG</b></p>	<p>Bullying Vs Banter <b>SG</b></p> <p>Remembrance</p> <p>Disability History Month <b>PC, BV</b></p> <p>Anti-bullying Fortnight <b>SG PC BV</b></p> <p>Progressive masculinity <b>SG PC</b></p> <p>Sustainability Week</p>	<p>Holocaust Memorial Day <b>PC</b></p> <p>Martin Luther King Jr Day <b>PC</b></p> <p>World Religion Day <b>PC</b></p> <p>LGBT+ History Month <b>PC, BV</b></p> <p>Safer Internet Day <b>SG</b></p> <p>Place2Be's Children's Mental Health Week <b>SG</b></p>	<p>International Women's Day <b>PC</b></p> <p>LGBT+ History Month cont.. <b>PC, BV</b></p>	<p>Earth Day</p> <p>Mental Health Awareness Week <b>SG</b></p>	<p>British Values <b>PC BV</b></p>
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**Events**

<p><b>Brook's Big RSE Lesson: Are you feeling it?</b> <b>SG</b></p>				<p><b>Equality Week</b> <b>PC, BV</b></p> <p><b>Knife Crime and county lines</b> <b>SG</b></p>	<p><b>Knife Crime and how to deal with an emergency</b> <b>SG</b></p> <p><b>Sexual Harassment on public transport</b> <b>SG</b></p> <p><b>Sexual Images talk by PC Boyle</b> <b>SG</b></p>	<p><b>Diversity and Cultural Day</b> <b>PC, BV</b></p>
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**Year 10**

**Tutorial PSHE**

<p><b>Health</b></p>	<p><b>Healthy relationships</b></p>	<p><b>Online safety</b> <b>SG PC, BV</b></p>	<p><b>Drug awareness</b> <b>SG</b></p>	<p><b>Careers</b> <a href="#"><u>Year 10 careers roadmap</u></a></p>	<p><b>British Values</b> <b>PC, BV</b></p>
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		<b>including sex and consent</b> SG PC, BV				
<b>Year 10</b>	<p>Students continue to build their understanding of the links between physical and mental wellbeing.</p> <p>Students learn about the impact and the importance of sleep on their daily wellbeing.</p>	<p>Students develop a further understanding of sex and the law, including the law around age and consent.</p> <p>Students explore how to identify unhealthy relationships and how to end a relationship that is unhealthy.</p> <p>Students learn about harmful behaviours including gaslighting, stalking and harassment.</p>	<p>Students continue to learn about safely using social media, they explore issues such as trolling.</p> <p>Students are taught about pornography and the law.</p>	<p>Students increase their knowledge of the impact of nicotine and cannabis and the impact that they can have on mental health in addition to social and economic effects</p> <p>They explore why some countries have legalised cannabis</p>	<p>Students learn about interpersonal skills and how body language can help to make a positive first impression.</p> <p>There is a focus on Uxbridge College and Heathrow Airport as well as management skills and apprenticeships.</p> <p>The resources facilitate discussions and give a range of examples and scenarios for students to consider.</p>	<p>Students revisit the values of democracy, the rule of law and individual liberty.</p> <p>Students explore the way in which manifestos are developed and the impact this has on elections</p>

**PSHE Lessons (Fortnightly)**

<p><b>Healthy Relationships</b> SG PC, BV</p> <p>Students explore the law around sex and consent and being ready.</p> <p>Students discuss making decisions about sex and signs of sexual coercion.</p> <p>Students learn about sextortion and how to reduce risks through healthy online habits. (session delivered by School Police Liaison Officer)</p> <p>Students learn about contraception options and the efficacy and side effects of each type. They also learn about pregnancy decisions.</p>		<p><b>Finance</b></p> <p>Students learn about Tax and National Insurance.</p> <p>They develop an understanding of gross pay and net pay.</p> <p>They discuss what it means to be self employed.</p> <p>Students learn about debt and the impact this can have on their future.</p>
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<p>Students develop their understanding of fertility and explore different options of starting a family and consider the benefit and drawbacks of each - considering who might use different methods of conception/having a family</p>		<p>They explore different saving methods and the options available to them now and as they get older.</p>
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**PSHE in Subject Areas**

<p><b>Science:</b> The impact of hormones in the control of the menstrual system both for IVF and contraception. Link between sedentary lifestyle and coronary heart disease.</p>	<p><b>RE:</b> Violent protests and terrorism. Reasons for war, nuclear war and weapons of mass destruction.</p>	<p><b>Psychology:</b> Social influence - bystander effect, peer pressure, group dynamics.</p>		<p><b>Psychology:</b> Psychological disorders - impact on mental health and wellbeing</p>	<p><b>RE;</b> Abortion  Euthanasia  Organ donation  Medical ethics</p>
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**Assemblies**

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	<p>European Day of Languages <b>PC</b></p> <p>Black History Month <b>PC, BV</b></p> <p>World Mental Health Day <b>SG</b></p> <p>Safeguarding how does school keep you safe <b>SG</b></p> <p>Cybercrime/Use of AI <b>SG</b></p>	<p>Bullying Vs Banter <b>SG</b></p> <p>Remembrance</p> <p>Disability History Month <b>PC, BV</b></p> <p>Anti-bullying Fortnight <b>SG PC BV</b></p> <p>Progressive masculinity <b>SG PC</b></p> <p>Sustainability Week</p>	<p>Holocaust Memorial Day <b>PC</b></p> <p>Martin Luther King Jr Day <b>PC</b></p> <p>World Religion Day <b>PC</b></p> <p>LGBT+ History Month <b>PC, BV</b></p> <p>Safer Internet Day <b>SG</b></p>	<p>International Women's Day <b>PC</b></p> <p>LGBT+ History Month cont.. <b>PC, BV</b></p>	<p>Earth Day</p> <p>Mental Health Awareness Week <b>SG</b></p>	<p>British Values <b>PC BV</b></p>

			Place2Be's Children's Mental Health Week SG			
<b>Events</b>						
	<b>Brook's Big RSE Lesson: Are you feeling it?</b> SG  <b>Sextortion talk by PC Boyle</b> SG			<b>Equality Week</b> PC, BV  <b>Drugs Education: Daniel Spargo-Mabbs Foundation</b> SG		<b>Diversity and Cultural Day</b> PC, BV
<b>Year 11</b>						
<b>Tutorial PSHE</b>						
	<b>Health</b>	<b>Healthy relationships and consent.</b> SG PC, BV	<b>Online safety</b> SG PC, BV	<b>Drugs and Alcohol</b> SG	<b>Finances:</b>	
<b>Year 11</b>	<p>Students learn about exam stress and are supported with strategies to help them ensure it does not have a negative impact on them.</p> <p>They are given strategies to support with healthy routines to support their mental wellbeing throughout the exam period and beyond, including the</p>	<p>Students learn about sexual harrasement and rape culture and victim blaming.</p> <p>The use of case studies supports students in understanding what constitutes sexual harassment and how to report this.</p> <p>Students also explore motivations and contexts in which</p>	<p>Students revisit pornography and the law. They learn about the risks of accessing pornography, to themselves and others.</p> <p>Students develop a wider understanding of their digital footprint.</p>	<p>Students learn about facts and impact of MDMA</p> <p>Students continue to explore the impact of alcohol and drugs on risky behaviours</p>	<p>Money management</p> <p>Budgeting</p> <p>Avoiding Debt</p> <p>How to save money</p> <p>Financial fraud, scams and identity theft</p> <p>Gambling</p>	

	importance of sleep and diet.	sexual images are shared along with the emotional and social consequences of this.				
<b>Weekly PSHE Sessions</b>						
	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	<b>Careers Preparation:</b> <a href="#">Y11 careers roadmap</a> Online branding  Employability Career planning Work Skills	<b>Study Skills:</b>  Revision planning Stress management Revision techniques College and university planning	<b>RE SG PC, BV</b>  The Value of the world/ Stewardship The use and abuse of the environment The use and abuse of animals Abortion Euthanasia Death and the afterlife.	<b>Personal Skills:</b>  Conflict management Confidence and achievement Communication and Teamwork Interpersonal skills Emotional Literacy Personal Safety	<b>Exam Preparation:</b>  Students focus on study skills and revision techniques in the lead up to their exams.	
<b>PSHE in Subject Areas</b>						
	<b>Science:</b> how humans are threatening biodiversity as well as the natural systems that support it. We will also consider some actions we need to take to ensure our future health, prosperity and well-being.		<b>Science:</b> Human reproduction including gene variation and genetic modification.			

**School Assemblies and Events**

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	European Day of Languages <b>PC</b>  Black History Month <b>PC, BV</b>  World Mental Health Day <b>SG</b>  Safeguarding how does school keep you safe <b>SG</b>  Cybercrime/Use of AI <b>SG</b>	Bullying Vs Banter <b>SG</b>  Remembrance  Disability History Month <b>PC, BV</b>  Anti-bullying Fortnight <b>SG PC BV</b>  Progressive masculinity <b>SG PC</b>  Sustainability Week	Holocaust Memorial Day <b>PC</b>  Martin Luther King Jr Day <b>PC</b>  World Religion Day <b>PC</b>  LGBT+ History Month <b>PC, BV</b>  Safer Internet Day <b>SG</b>  Place2Be's Children's Mental Health Week <b>SG</b>	International Women's Day <b>PC</b>  LGBT+ History Month cont.. <b>PC, BV</b>	Earth Day  Mental Health Awareness Week <b>SG</b>	
<b>Events</b>						
	<b>Sextortion what is it and how to deal/report it <b>SG</b></b>  <b>Brook's Big RSE Lesson: Are you feeling it? <b>SG</b></b>	<b>Dr Van der Spoel - Personal Development</b>	During Careers Week students learn about CV writing and interview skills as well as focusing on next steps such as sixth form, college and apprenticeships	<b>Equality Week</b>		

Year 12						
Tutorial PSHE						
	Health	Healthy relationships including sex and consent SG, PC, BV	Online safety SG, PC, BV	Drug awareness SG	Contraception SG PC	Finances
Year 12	<p>Students explore the impact of diet on their cholesterol and how they can impact this.</p> <p>Students reflect on their mental wellbeing exploring good and bad coping strategies and the impact these have in the short and long term.</p> <p>Mindfulness techniques are practiced, with students taking ideas of how to use them in when needed</p>	<p>Students revisit issues of consent. They look at 'rape culture' using the pyramid of sexual harassment and assault.</p> <p>Students are given scenarios to work through together to support their decision making in dealing with different incidents of sexual harassment.</p> <p>Students learn about coercive control; identifying examples and how to report and seek help</p>	<p>Students look at examples of cyber bullying at university and the work place, recognising the risks as they move into adulthood.</p> <p>Risks and rewards of online dating and dating sites are evaluated and students learn about safely around using them.</p>	<p>Students increase their knowledge of the impact of drugs including Ketamine and magic mushrooms. They explore case studies of young people who have used these drugs.</p>	<p>Students learn about how coercive relationships can have an impact on contraceptive decisions.</p> <p>They revisit options and efficacy and attitudes towards contraception.</p> <p>Students look at situations arising from failing contraception and the use of emergency contraceptive options and unplanned pregnancy</p>	<p>Students learn about the difference between minimum wage and national living wage.</p> <p>They learn about how national insurance and income tax impacts them.</p> <p>Students look at university finances.</p> <p><i>NOTE: this is a short unit due to exams and work experience</i></p>
Year 13 have 1 hour PSHE sessions once a fortnight that include a programme of guest speakers						
PSHE in Subject Areas						
	<p><b>Biology:</b> Link between diet and coronary heart disease.</p>	<p><b>Computing:</b> Network threats and security</p> <p><b>PE:</b></p>	<p><b>Economics:</b> Employment/Unemployment - factors that can impact.</p>	<p><b>Biology:</b> Stem cells and gene interactions DNA and genetics</p>	<p><b>Computing:</b> Ethical, legal and moral issues in computing</p>	<p><b>Psychology:</b> Examination of specific mental illness.</p>



	<b>Psychology:</b> Social conformity - the role of social influence in change	Impact of exercise on body systems		<b>Psychology:</b> Attachment and the impact on forming relationships	<b>PE:</b> Performance enhancing drugs	
<b>Events</b>						
	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	<p>European Day of Languages <b>PC</b></p> <p>Black History Month <b>PC, BV</b></p> <p>World Mental Health Day <b>SG</b></p> <p>Safeguarding how does school keep you safe <b>SG</b></p> <p>Cybercrime/Use of AI <b>SG</b></p>	<p>Remembrance</p> <p>Disability History Month <b>PC, BV</b></p> <p>Anti-bullying Fortnight <b>SG PC BV</b></p> <p>Progressive masculinity <b>SG PC</b></p> <p>Sustainability Week</p>	<p>Holocaust Memorial Day <b>PC</b></p> <p>Martin Luther King Jr Day <b>PC</b></p> <p>World Religion Day <b>PC</b></p> <p>LGBT+ History Month <b>PC, BV</b></p> <p>Safer Internet Day <b>SG</b></p> <p>Place2Be's Children's Mental Health Week <b>SG</b></p>	<p>International Women's Day <b>PC</b></p> <p>LGBT+ History Month cont.. <b>PC, BV</b></p>	<p>Earth Day</p> <p>Mental Health Awareness Week <b>SG</b></p> <p>UCAS Days</p>	<p>British Values <b>PC BV</b></p> <p>Work Experience Week</p>
	<b>Brook's Big RSE Lesson: Are you feeling it? <b>SG</b></b>	<p><b>Dr Van der Spoel - Personal Development</b></p> <p><b>Mental Health Charity Week <b>SG</b></b></p>	<b>Consent - KISS <b>SG</b></b>	<b>Equality Week</b>		<p><b>Diversity and Cultural Day</b></p> <p><b>UCAS week</b></p>
<b>Year 13</b>						

Tutorial PSHE						
	Health	Healthy relationships and consent. SG PC BV	Online Safety SG PC	Drugs and Alcohol SG		
Year 13	<p>Students learn about exam stress and are supported with strategies to help them ensure it does not have a negative impact on them.</p> <p>They are given strategies to support with healthy routines to support their mental wellbeing throughout the exam period and beyond, including the importance of sleep and diet.</p>	<p>Students deepen their understanding of sexual assault, including date rape and the use of drugs in situations of sexual assault.</p> <p>They explore sex and the media and the impact this has on young peoples perception of healthy sexual relationships and expectations.</p> <p>Students learn about sex and pornography and the risk associated with young people having access to pornography readily via the internet</p>	<p>Student revisit signs of radicalisation and how online platforms can increase risk</p>	<p>Students increase their knowledge of the impact of drugs including cocaine, ecstasy and alcohol.</p> <p>Students learn about the consequences of drugs and party culture through the use of case studies and scenarios.</p>		
Year 13 have 1 hour PSHE sessions once a fortnight that include a programme of guest speakers						
PSHE in Subject Areas						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2

	<p><b>Psychology:</b> The brain and functions of recovering from trauma</p> <p><b>IT:</b> Social media site risks</p>	<p><b>Psychology:</b> Relationships - evolution, attraction, romantic relationships, social media virtual relationships</p> <p><b>Computing:</b> Algorithms - how they work and uses</p>	<p><b>Psychology:</b> Gender and culture in psychology Nature Vs Nurture debate</p> <p><b>Economics:</b> National minimum wage. Discrimination in the labour market.</p>	<p><b>Economics:</b> Discrimination of income and wealth. Poverty</p>	
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**Assemblies**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<p>European Day of Languages <b>PC</b></p> <p>Black History Month <b>PC, BV</b></p> <p>World Mental Health Day <b>SG</b></p> <p>Safeguarding how does school keep you safe <b>SG</b></p> <p>Cybercrime/Use of AI <b>SG</b></p>	<p>Remembrance</p> <p>Disability History Month <b>PC, BV</b></p> <p>Anti-bullying Fortnight <b>SG PC BV</b></p> <p>Progressive masculinity <b>SG PC</b></p> <p>Sustainability Week</p>	<p>Holocaust Memorial Day <b>PC</b></p> <p>Martin Luther King Jr Day <b>PC</b></p> <p>World Religion Day <b>PC</b></p> <p>LGBT+ History Month <b>PC, BV</b></p> <p>Safer Internet Day <b>SG</b></p> <p>Place2Be's Children's Mental Health Week <b>SG</b></p>	<p>International Women's Day <b>PC</b></p> <p>LGBT+ History Month cont.. <b>PC, BV</b></p>		

**Events**

	<b>Drive Safe SG</b> <b>Brook's Big RSE Lesson: Are you feeling it? SG</b>	<b>Dr Van der Spoel - Personal Development Mental Health Charity Week SG</b>	<b>Consent - KISS SG</b>	<b>Equality Week PC</b>	
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