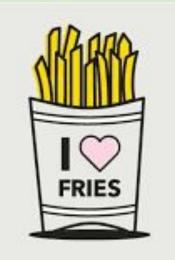
# Healthy Relationships

Year 9



#### Session 1 - Consent



# CONSENT

Freely Given

Reversible

Informed

Enthusiastic

**S**pecific



Healthy Relationships

**PSHE** 



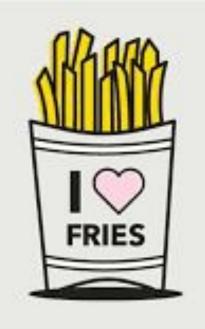
### **Keywords:**

**Consent:** Consent is agreement or permission expressed through affirmative, voluntary words or actions.

## Get thinking:

'Imagine an alien has arrived from another world. They have heard about something called "consent" but they have no idea what it means.'





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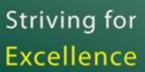
**S**pecific





#### **Key Information:**

- The key signs of consent are that the person clearly wants to engage in the activity and actively demonstrates this verbally and/or through their body language.
- There should be no confusion about whether consent is given: 'not saying no' is not giving consent.
- Both ethically and in the law, responsibility for ensuring that consent has been given lies with the person seeking consent.
- This means being sure that a partner is actively consenting and that none of the conditions which prevent free, informed consent (such as manipulation or exploitation) are present.







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What is the key message from the video?

#### Reflection:

We often reference consent in relation to sexual activity, does consent always mean something related to sex?

